

PRACTICE SAFER DRUG USE TO PREVENT COVID-19/CORONAVIRUS

TRY TO MINIMIZE SHARING OF SUPPLIES.

- Don't share e-cigs/cigarettes, pipes, joints, or nasal tubes such as straws.
- If you have to share, wipe down the mouthpieces with an alcohol swab before sharing or use separate mouthpieces.
- Put used smoking, snorting, and injecting equipment in a bio-bucket/sharps container so people know they are used.

TRY TO MINIMIZE CONTACT.

- If you are having sex or doing sex work, COVID-19 can be transmitted by close contact like coughing, kissing, or direct contact with bodily fluids. Use condoms and try to minimize close contact.

PREPARE YOUR DRUGS YOURSELF.

- Wash your hands for 20 seconds with soap and water and prepare your own drugs.
- Keep your surfaces clean and wipe them down before and after use, with microbial wipes, alcohol (at least 70%), or bleach.
- If you can't prepare your own drugs, stay with the person who is. Get them to wash their hands and clean up before and after.

PLAN & PREPARE FOR OVERDOSE.

- Make sure you have naloxone.
- If you are alone, try to start with a small amount and go slowly.
- If you are using with others, make a plan and stagger use.

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